

Prayer Shawl Knitting and Crochet Directions:



Knitting:

3 skeins of 6 oz. Yarn (Homespun - by Lion Brand seems to be the brand of choice) - however any yarn will do. The shawl will be done when it reaches wrist to wrist wrapped around your back.

Knitting needles size 11 create a denser shawl pattern, size 13 slightly looser. Approximate finished sizes not counting fringe are 26" x 60" on size 11, 30" x 64" on size 13.

Cast on 57 stitches for size 13 needles. Cast on 63 for size 11. The pattern is knit 3 purl 3. This means that you will always start each row with K3 and end each row with K3. This pattern is a modified seed moss stitch. You may also decide to knit each row, which is called a garter stitch.

Making fringe: The length is up to you - because you double the fringe when it is fastened to the shawl, you must cut the fringe twice the desired length - for a 6" fringe, cut 12" strands and fold. Attach the fringe to the ends of the shawl thru either every other stitch or every inch or so - you attach it by doubling the yarn and pulling the loop thru with a small crochet hook pull the loop thru the stitch, insert the ends of the fringe and pull thru the loop creating a knot - pull tight. You may knot the ends of the strands to prevent fraying if you wish. You can also cut the ends of the strands to make them even and leave them to fray naturally which creates a soft look as well.

Crochet:

4 skeins of 6 oz. Yarn (Homespun - by Lion Brand seems to be the brand of choice) - however any yarn will do. The shawl will be done when it reaches wrist to wrist wrapped around your back.

Using an M hook, chain 54 stitches or desired width of shawl. Chain 1, turn single crochet in each stitch to end. Chain 3 and turn. Double crochet in top of each single crochet. Repeat this row two more times. Chain 1 and do 1 row of single crochet to end. Chain 3 and turn, Do 3 rows of double crochet. Repeat pattern to end (1 row single, 3 rows double) End with 1 row of single. Finish with Fringe. See Fringe instructions above.

- Many crocheted shawls have been made by straight stitching whether in single or double crochet. If you would rather have a less complicated pattern, please feel free to use a straight stitch pattern of your liking.

(Prayers to Begin on the Reverse Side)

Prayers to begin

(Knitting into the mystery by Susan S. Jorgensen and Susan S Izard)

“Loving God, we give you thanks for the gift of our hands.
Give us the grace to see our hands as you see them, as instruments of grace and life.
May the knitting of our hands be the knitting of your heart.
Use our hands, O God, to carry out your works of mercy and love.
May the shawls our hands create bring blessing to those they wrap in love and healing to those upon
whom they rest.
Amen.”

Prayer of Blessing for completed shawl

By Janet Bristow

(Knitting into the mystery by Susan S. Jorgensen and Susan S Izard)

May God's grace be upon this shawl...
Warming, comforting,
Enfolding and embracing.

May this mantle be a safe haven...
A sacred place of security and well being...
Sustaining and embracing in good times as well as difficult ones.

May the one who receives this shawl
Be cradled in hope, kept in joy, graced with peace, and wrapped in love.

Blessed Be!”